



# Get to know MyGO

A convenient way to access your benefits information online

My Group Online (MyGO) is a convenient, user-friendly site that allows you to securely access and manage your Symetra benefits from your computer, tablet or smartphone.

Visit [www.symetra.com/MyGO](http://www.symetra.com/MyGO) 24 hours a day, 7 days a week to:

- ✓ Self-register and start a claim.
- ✓ Check the status of an existing claim.
- ✓ Review benefit payment details.
- ✓ Securely upload supporting claim documentation.

Add [MyGO](#) to your favorites for quick mobile access.

## Ready to get started?

1

Visit [symetra.com/MyGO](http://symetra.com/MyGO)

2

Create an online profile

3

Use the “My Account” button to log in

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**For more information, contact your benefits representative.**



[www.symetra.com](http://www.symetra.com)  
[www.symetra.com/ny](http://www.symetra.com/ny)

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